

NOURISHING HOPE FOR CHILDREN

Food & Nutrition for Autism, Asperger's, ADHD and Gastrointestinal Disorders, Food Allergies and Behavior Disorders.

This dynamic workshop is for parents, caregivers, clinicians, therapists, dietitians, nutritionists, nurses and educators.



Presented by
Julie Matthews, CNC
Autism Nutrition Specialist and
author of the award-winning book
"Nourishing Hope for Autism"

Dr. Devin Houston,
Dr. Kurt Woeller
and local parents

- **Sunday, April 22nd, 2012**
- **Noon to 5:00 p.m.** (Registration 11:00 a.m.)
- **John Dickinson High School Auditorium**
1801 Milltown Road, Wilmington, DE 19808
- **\$45 in advance at NourishingHope.com** (\$55 at the door)
- **Learn scientific connections between diet & symptoms**
 - Create a healthy diet for any child
 - Avoid common pitfalls
 - Make meals that nourish the whole family
 - Help even the pickiest eaters expand their diet

MEET OUR WORKSHOP EXPERTS



Julie Matthews, CNC Founder & President of Nourishing Hope
Scientific Rationale, Essential Nutrition, Effective Diets
Making it Work: Success Tactics for Beginners & Beyond

Julie Matthews is an internationally respected autism nutrition specialist. As a Certified Nutrition Consultant, Julie provides diet and nutrition intervention guidance backed by scientific research and applied clinical experience. She has been a Defeat Autism Now! Practitioner for ten years and has helped thousands of children worldwide through her public education programs, conferences sessions, private consultations, website and Facebook page. Julie is the nutrition editor for the Autism File magazine and is an honored member of the National Association of Nutrition Professionals.



Dr. Devin Houston, CEO, Houston Enzymes
How Enzymes Support Diet Success and Healing

Dr. Devin Houston is the founder of Houston Nutraceuticals, Inc, a leading provider of enzyme supplements in the US. As a Doctor, he holds degrees in Biology, Medical Science and Biochemistry. Houston Enzymes are used by physicians and parents in the biomedical treatment of autism. Dr. Houston provides informative articles, surveys and webinars on the topic of enzymes from his corporate web site. Dr. Houston consults with healthcare professionals and parents as they apply enzymes to client treatment protocols.



Dr. Kurt N. Woeller, Stillpoint Center for Integrative Medicine
Integrative Medical Approach to ASD, Testing & Supplements

Kurt N. Woeller, D.O., has been a complementary medicine physician and biomedical autism specialist since 1998. He is an author of several books on biomedical autism treatment, lecturer, and experienced clinician offering specialized treatment and testing for individuals with complex medical conditions like Autism, Chronic Fatigue Syndrome, Mental Health Disorders, Multiple Sclerosis, and other chronic health disorders. Dr. Woeller serves as a clinical consultant for both BioHealth Diagnostics and Great Plains Laboratory, providing patient and physician education through training programs and monthly webinars.

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Register at

NourishingHope.com
or call 415.235.2960



DIET & NUTRITION
FOR AUTISM & ADHD